

#### Presentation September 2024

## NORTHERN BC GRADUATE STUDENT SOCIETY (NBCGSS)

Brought to you by: 2024-2025 NBCGSS Board of Directors





## **About NBCGSS** (Northern BC Graduate Student Society):

NBCGSS represents more than 600 full-time and part-time graduate students.

The purpose of NBCGSS is to:

- Advocate for graduate students at UNBC;
- Facilitate communication between UNBC faculty, staff, administration, and graduate students;
- Offer services, support, and activities to graduate students and enhance their student life experience at UNBC.

Since March 2016, the NBCGSS has been part of the **British Columbia Federation** of Students (BCFS). The BCFS support our union and provides a venue for students to effectively communicate, collaborate, organize, and mobilize to advocate collective interests locally, provincially, and nationally.

## What We do

The overall objectives and goals of NBCGSS.

#### Academic Support:

NBCGSS provides students with academic resources available in various forms such as workshops on research skills, thesis writing support, and seminars on academic publishing.

#### Social Activities:

We have interesting social events organized by NBCGSS, such as mixers, cultural events, and sports activities that help build a sense of community among graduate students.

#### Advocacy:

NBCGSS helps in advocating for student rights, addressing grievances, and ensuring that the university administration hears student concerns.

#### **Professional Development:**

Career development, including networking events, career counseling, and skill-building workshops tailored to graduate students' needs.



#### Chairperson of the Board

Leads and Oversees the Board

## Directors

Each Director Specializes and Handles Keys Areas: External Relations, Internal Relations, Student Welfare, Student Communications, Community Development, Regional Students' Representative, Indigenous Students' Affairs, Director of Equity, Diversity, and Inclusion, Director at large

#### We are a working board which means the society is run by students for students. and supported by 1-2 paying staff members

NBCGSS

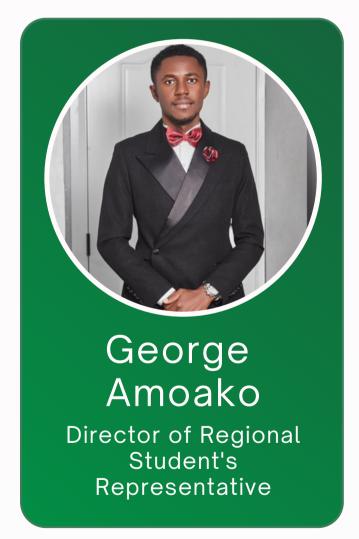
Structure

## he Board

## Staff Person

Assists in administrative and operational tasks

## Our Team (1): NBCGSS Board of Directors 2024-2025





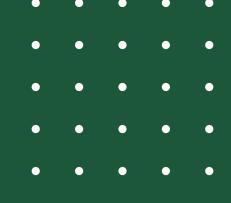
#### Briana Greer

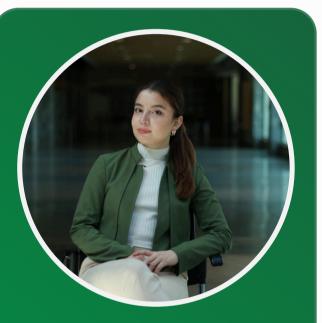
Director of Indigenous Student Affairs



#### Bruce Danesh

Chairperson





#### Ariadna Lopez Ortega

Director Community Development



#### Alimardon

Director of Internal Relations

## Our Team (2): NBCGSS Board of Directors 2024-2025



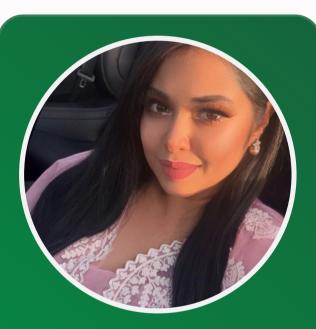
#### Alireza Noory

Director at Large



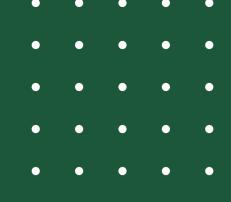
#### Sophia Robinson

Director of Student Welfare



#### Humaira Mahmud

Director of Equity Diversity & Inclusion Director of Communication & Student Engagement





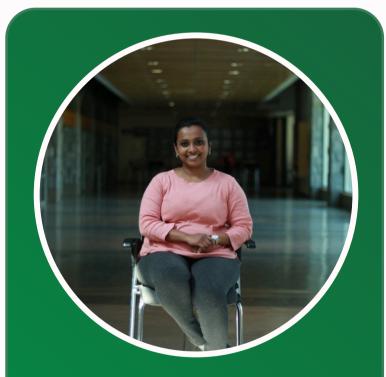
#### Shahryar Rahpeyma



#### Shahzeb Memon

Director of External Relations

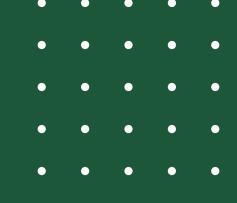
## Our Team (3): NBCGSS Staff 2024-2025 Executive Director (ED)



### Rozanna Rosarydasan

ED 2024-2025

The NBCGSS Executive Director (ED) as the only paid staff member of the society, supports the board of Directors in shaping the strategic direction for the organization and oversees daily operations and management and much more!



# SERVICES OFFEREDIBY NBCGSS



## **NBCGSS Services (1) Health and Dental Plan**

NBCGSS partners with Studentcare to provide UNBC graduate students with coverage that supplements provincial health care, filling essential gaps.

Coverage: NBCGSS members (Fall semester, fees paid) • Full-time, part-time, internet-based, eligible international students

- Regional campus students may enroll

## What's Covered:

- Prescription Drugs: Up to 80% coverage
- Health Practitioners: Up to \$4,000 (psychologists, massage therapists, etc.)
- Vision Care: Up to \$350 (eye exams, glasses, contacts, laser surgery)
- Dental Care: Up to \$750 (checkups, cleanings, fillings, etc.)
- Travel Health: Up to \$5M, 120 days per trip

## NBCGSS Services (2) The Deals App: Student Discounts

You have access to many provincial and local **student discounts** through the Deals mobile application. Download the FREE Deals App and start saving money today.

More information: https://www.wearebcstudents.ca/deals

**Download the app NOW** 



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Rate this app Tell others what you think

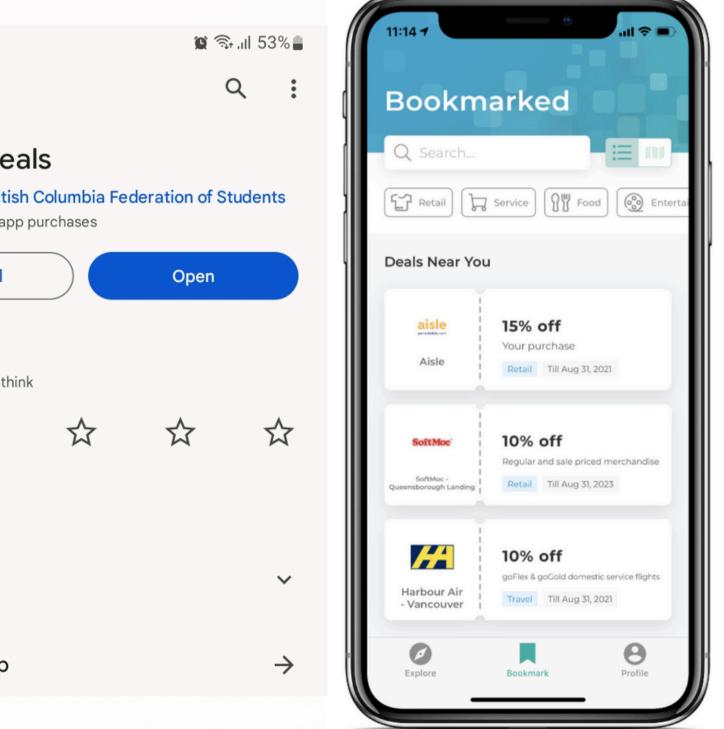
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Write a review

App support

About this app



## **NBCGSS Services (3) NBCGSS Emergency Bursary Fund**

Support for Graduate Students in Need

## Administered by:

UNBC Awards and Financial Aid Unit

## Eligibility:

- Graduate student members
- Demonstrated significant need for basic living expenses
- Exhausted all other UNBC funding options

## Award Details:

- Up to \$250 per student
- Available once per academic year

## **Application**:

 Contact UNBC Awards and Financial Aid Unit | Email: awards@unbc.ca for information and forms

## **NBCGSS Services (4) The Graduate Lounge**

- A 24hrs accessible cozy space for Graduate students
- Located in the west wing of the Teaching and Learning Building in room 10-3016.
- The lounge is accessed by swiping an activated student ID card.
  - You can hang out there with friends
  - Play games
  - Use the fridge and use the kitchen supplies
  - Make some coffee for yourself
  - A PS5 coming soon?

Come to NBCGSS office to fill out the form if you haven't already.



## NBCGSS Services (5) Graduate Computer Lab

A dedicated space for graduate students to focus on research and academic work. The Graduate Student Computer Lab has restricted access located in the west wing of the Teaching and Learning Building (Building 10) in room 10–3032.

## How to Access:

Submit your Name, Student Number, UNBC Email, Phone Number, and Proof of Graduate Student Status (screenshot/photo) to the NBCGSS Office either in-person or by mail (gssoffice@unbc.ca).

## **NBCGSS Services (6)**

If you are a graduate student in need, NBCGSS offers confidential 1-on-1 food hamper services provided by our dedicated Food Bank Volunteer, Afton Zral.

## How to Access:

Contact Afton: Email Afton at gssfoodbank@unbc.ca to set up a meeting time. Stay Informed: Watch your UNBC emails closely for announcements from Afton about the availability of food hampers.

As Grads, you also have access to the **NUGSS foodbank** located at the NUGSS office (6-370) during regular office hours.

NBCGSS is collaborating with NUGSS and other UNBC entities to unite all food resources and form a united UNBC foodbank, so stay tuned!

## **NBCGSS Services (7) U-Pass**

Unlimited access to Prince George buses, pools, and aquatic centers with a validation sticker on your student ID and/or UMO Mobility App after fees are paid.

## **Benefits:**

- Unlimited access to Prince George bus system
- Free entry to Four Seasons Leisure Pool & Prince George Aquatic Centre

## Activation & Usage:

• Scan the QR code for all the information you need:





## NBCGSS Services (8) Student Legal Assistance

Free 24/7 telephone legal advice on most major types of law, identity theft assistance, review of simple legal documents and referral to local lawyers at a discounted rate.

#### WHAT IS STUDENT LEGAL ASSISTANCE?

NORTHERN BC GRADUATE STUDENTS' SOCIETY

Free 24/7 telephone legal advice on most major types of law, identity theft assistance, review of simple legal documents and referral to local lawyers at a discounted rate.





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NBCGSS.CA

## NBCGSS Services (9) Free Premium Grammarly Service



Settings

NORTHERN BRITISH COLUMBIA GRADUATE STUDENT SOCIETY

Members

Style Rules

Writing Preferences

Groups

Analytics

🗐 Snippets

🛞 Style Guide

Customize

Subscription
 Administration
 Organization

#### Members

User roles have been updated to better reflect the capabilities and access permissions associated v

Q Search by name, email, or group

| - |      |             |   |          |
|---|------|-------------|---|----------|
|   | Name | Email (241) | Ŷ | Status 🏣 |
|   |      |             |   | Active   |

Help articles Create group

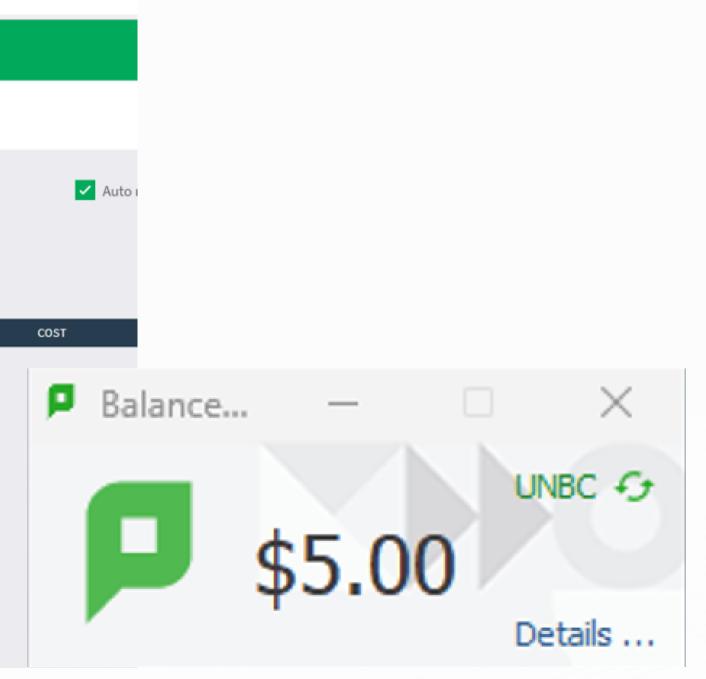
#### Invite members

| now called admins, and contributors are | e now account managers. Learn m   | ore   |
|---|---|---|
|   |   | Columns $ \!$   |
| Group                                   | Registered  | Last activity   |
|   | March 30, 2023  | September 13, 2023  |
|   | September 1, 2022   | September 15, 2023  |
| NBCGSS (Northern British                | May 3, 2022   | September 15, 2023  |
| NBCGSS (Northern British                | June 28, 2023   | August 14, 2023   |
|   | October 6, 2022   | September 14, 2023  |
|   | February 27, 2023   | September 14, 2023  |
|   | April 3, 2023   | September 6, 2023   |
| NBCGSS (Northern British                | May 18, 2022  | September 14, 2023  |
|   | March 29, 2023  | September 14, 2023  |
|   | <sup>°</sup> / <sub>0</sub> Group <sup>°</sup> / <sub>0</sub> NBCGSS (Northern British         NBCGSS (Northern British | March 30, 2023<br>September 1, 2022<br>NBCGSS (Northern British May 3, 2022<br>NBCGSS (Northern British June 28, 2023<br>October 6, 2022<br>February 27, 2023<br>April 3, 2023<br>NBCGSS (Northern British May 18, 2022 |

## NBCGSS Services (10) Free printing for \$5 every semester.

C 
https://print.unbc.ca/app?service=page/UserReleaseJobs

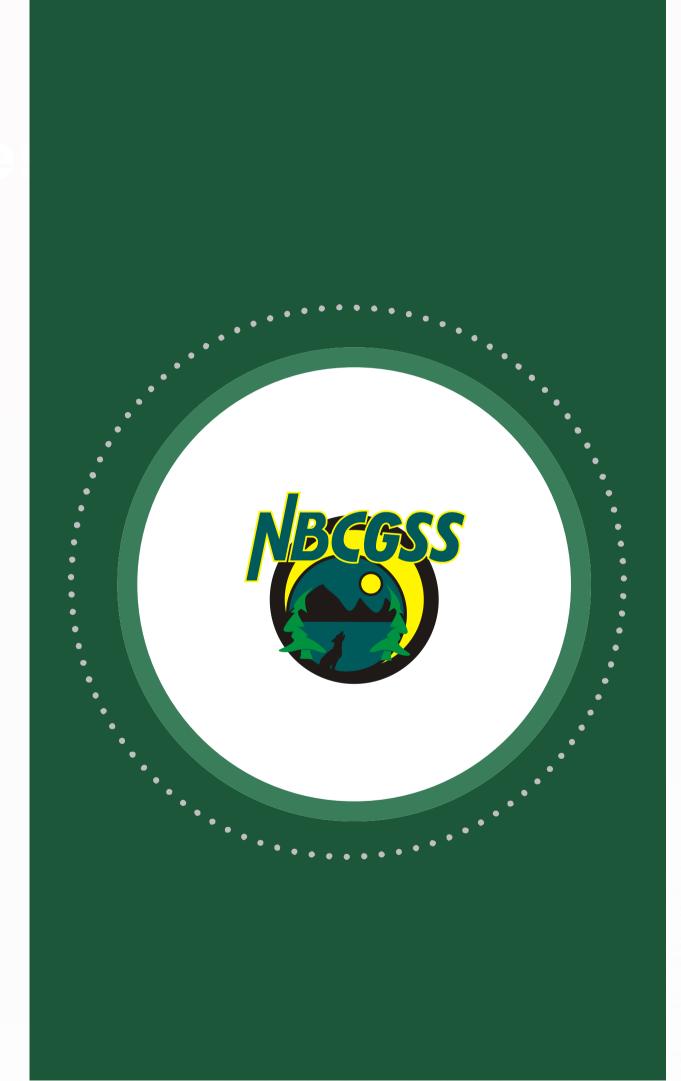
| PaperCut <sup>®</sup><br>MF  |                          |         |          |        |       |
|------------------------------|--------------------------|---------|----------|--------|-------|
| └── Summary                  | Jobs Pending Release     |         |          |        |       |
| Transaction History          | No jobs pending release. |         |          |        |       |
| Recent Print Jobs            | Your balance:\$5.00      |         |          |        |       |
| Jobs Pending Release         | Release All Cancel All   |         |          |        |       |
| Heb Print                    | SUBMIT TIME 🗸            | PRINTER | DOCUMENT | CLIENT | PAGES |
| 🔗 Add Credit                 |                          |         |          |        |       |
| 🔗 UNBC Home Page             |                          |         |          |        |       |
| Service Desk for<br>Students |                          |         |          |        |       |
| Copy and Print<br>Services   |                          |         |          |        |       |
|                              |                          |         |          |        |       |
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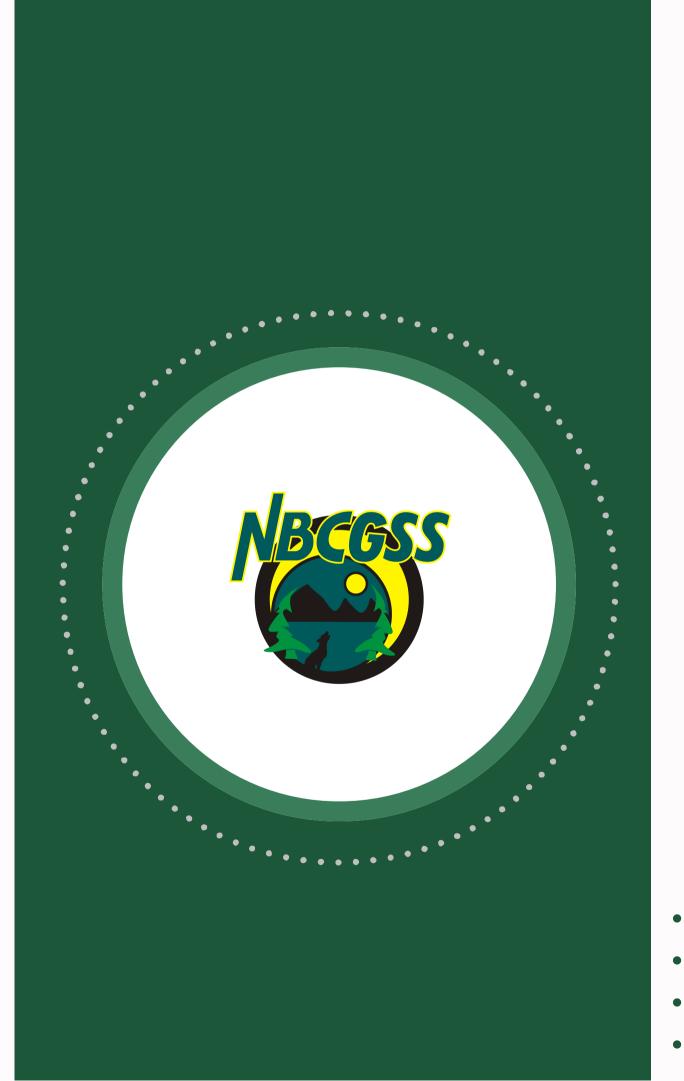
## Get to Know More About NBCGSS and its Services

All available on our website:





## NBCGSS Activities Highlights





# Advocacy!





@maedeh\_sakii



76 likes September 20, 2023



Add a comment...



nbcgss • Follow Prince George Civic Centre

•••

nbcgss 💙 @nbcgss supported the @pgtbtn march on the 15th of September 2023 together with @unbc\_nwc and other like minded organizations and societies.

A march to honor the memory of women who haven't survived violence; to celebrate who have; and to demand an end to all forms of violence against women.

We witnessed many children and women including our women grads of @unbc echoing together

We also spoke at the open mic session held @thirstymoosepub thereafter.

About Take Back The Night Foundation: https://takebackthenight.org/about-us/

Photo Credits: Steven Dubas and @nbcgss grads.

#whatwedoatnbcgss #nbcgssAdvocacy

@zaidavlgon @adrianamayelahurtado @memoriesofpiumi



# Workshops!

Naccess

Northern BC Graduate Students' Society

## NBCGSS WORKSHOP

2:45PM - 3:15PM September 6, 2022 Room 7-152



nbcgss • Follow





**10 likes** September 6, 2022



#### nbcgss #UNBC #nbcgss #timberwolves

 $\Box$ 



# Fun Activities!





We had a nice staff team including Terry who guided us throughout the rafting and definitely an energetic team of grads who cooperated with us in every way. Thanks to the pictures from @mountrobsonwhitewater

Thanks @rozannarosarydasan and @Khan for leading Team 2 and bringing all of them safe to Prince George.

@thebcfs @unbc

Edited · 52w



46 likes August 31, 2023

(·.·)

nbcgss • Follow Mount Robson, British Columbia

nbcgss Here is how it went! Team 2 on Row the Oars 2023.

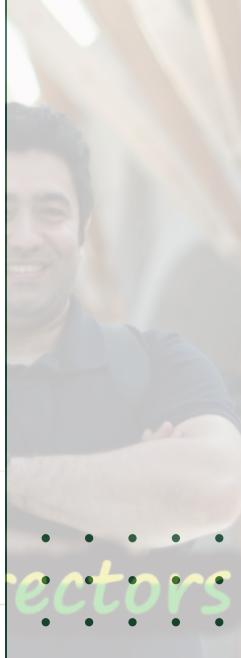
NBCGSS is happy that we were able to sponsor this event for our grads this year too.

We believe the Grads had an awesome time same as the board which participated rafting with the teams.

Comment and let us know how your experience was with NBCGSS and @mountrobsonwhitewater.

 $\square$ 

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Add a comment...

# Fun Activities!





83w

LET'S GO HIKING!

Weekly Hikes with Roger!

() 1:00 pm iii Thursdays  $\heartsuit$  $\overline{A}$ ()

29 likes January 30, 2023



Add a comment...

#### nbcgss • Follow

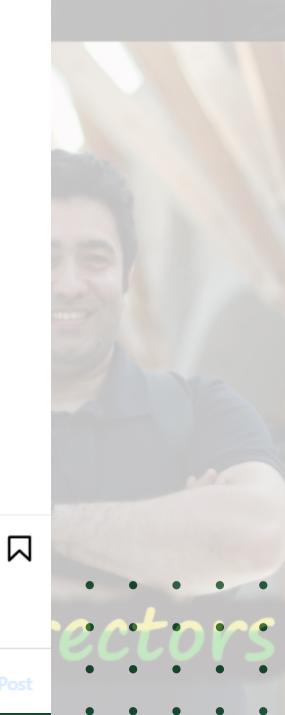
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nbcgss Explore the extensive trails around campus and enjoy the winter with your peers!

Meet in the T & L building (#10) by 1 pm.

Faculties and staff are welcome to join!

#ThisIsUNBC #NBCGSS #graduatelife



Complete this challenge, and by doing this, you will explore and get to know the services that are important to you, and you will be entered to win a bundle of prizes, each worth around 100\$!

You have until September 27th participate!

Do you have questions?

Come to our office and ask!



## **Treasure hunt Challenge!**

## **BECOME PART OF NBCGSS!** JOIN OUR VOLUNTEER GROUP CHAT!

WE SHARE OPPORTUNITIES AND MORE! 🌞

WHY VOLUNTEER WITH US?

STAY CONNECTED WITH YOUR COMMUNITY E LEARN MORE ABOUT NBCGSS AND THE RESOURCES WE OFFER **REQUEST A REFERENCE LETTER FOR FUTURE ENDEAVORS** BE THE FIRST TO KNOW ABOUT EXCITING PAID OPPORTUNITIES!

> **READY TO MAKE A DIFFERENCE? JOIN NOW!** SCAN THE QR CODE TO JOIN!



FOLLOW US ON [@NBCGSS] FOR MORE UPDATES! • **P** 



## THANK YOU



#### **NBCGSS Office**

250-960-5671

- gssoffice@unbc.ca
- www.nbcgss.unbc.com
- **2** Instagram: @NBCGSS

